

SESSION #1

	Class	Team	Check-In	Stretch	Four Strips	Full Mat	Perform
1)	S	Portland	7:34 AM	8:32 AM	8:36 AM	8:40 AM	9:00 AM
2)	M	Jonathan Law	7:38 AM	8:36 AM	8:40 AM	8:44 AM	9:04 AM
3)	S	Montville	7:42 AM	8:40 AM	8:44 AM	8:48 AM	9:08 AM
4)	M	Stonington	7:46 AM	8:44 AM	8:48 AM	8:52 AM	9:12 AM
5)	S	Oxford	7:50 AM	8:48 AM	8:52 AM	8:56 AM	9:16 AM
6)	M	Sheehan	7:54 AM	8:52 AM	8:56 AM	9:00 AM	9:20 AM
7)	S	Haddam-Killingworth	7:58 AM	8:56 AM	9:00 AM	9:04 AM	9:24 AM
8)	M	Plainville	8:02 AM	9:00 AM	9:04 AM	9:08 AM	9:28 AM
9)	S	Notre Dame Fairfield	8:06 AM	9:04 AM	9:08 AM	9:12 AM	9:32 AM
10)	M	Waterford	8:10 AM	9:08 AM	9:12 AM	9:16 AM	9:36 AM
11)	S	St. Paul Catholic	8:14 AM	9:12 AM	9:16 AM	9:20 AM	9:40 AM
12)	M	Wolcott	8:18 AM	9:16 AM	9:20 AM	9:24 AM	9:44 AM
13)	S	Ellis Tech	8:22 AM	9:20 AM	9:24 AM	9:28 AM	9:48 AM
14)	M	Ledyard	8:26 AM	9:24 AM	9:28 AM	9:32 AM	9:52 AM
15)	S	Plainfield	8:30 AM	9:28 AM	9:32 AM	9:36 AM	9:56 AM
16)	M	Branford	8:34 AM	9:32 AM	9:36 AM	9:40 AM	10:00 AM
17)	S	Griswold	8:38 AM	9:36 AM	9:40 AM	9:44 AM	10:04 AM
18)	M	Ellington	8:42 AM	9:40 AM	9:44 AM	9:48 AM	10:08 AM
19)	S	Holy Cross	8:46 AM	9:44 AM	9:48 AM	9:52 AM	10:12 AM
	Ex	Seymour Unified	8:50 AM	9:48 AM	9:52 AM	9:56 AM	10:16 AM
20)	M	RHAM	8:54 AM	9:56 AM	10:00 AM	10:04 AM	10:24 AM
21)	S	Shepaug Valley	8:58 AM	10:00 AM	10:04 AM	10:08 AM	10:28 AM
22)	M	Sacred Heart Academy	9:02 AM	10:04 AM	10:08 AM	10:12 AM	10:32 AM
23)	S	Lauralton Hall	9:06 AM	10:08 AM	10:12 AM	10:16 AM	10:36 AM
24)	M	New Fairfield	9:10 AM	10:12 AM	10:16 AM	10:20 AM	10:40 AM
25)	S	Putnam	9:14 AM	10:16 AM	10:20 AM	10:24 AM	10:44 AM
26)	M	Bacon Academy	9:18 AM	10:20 AM	10:24 AM	10:28 AM	10:48 AM
27)	S	East Hampton	9:22 AM	10:24 AM	10:28 AM	10:32 AM	10:52 AM
28)	M	Mercy	9:26 AM	10:28 AM	10:32 AM	10:36 AM	10:56 AM
29)	S	Morgan	9:30 AM	10:32 AM	10:36 AM	10:40 AM	11:00 AM
30)	M	Rocky Hill	9:34 AM	10:36 AM	10:40 AM	10:44 AM	11:04 AM
31)	S	Platt Tech	9:38 AM	10:40 AM	10:44 AM	10:48 AM	11:08 AM
32)	M	Tolland	9:42 AM	10:44 AM	10:48 AM	10:52 AM	11:12 AM
33)	S	Wheeler	9:46 AM	10:48 AM	10:52 AM	10:56 AM	11:16 AM
34)	M	Foran	9:50 AM	10:52 AM	10:56 AM	11:00 AM	11:20 AM
35)	S	Ansonia	9:54 AM	10:56 AM	11:00 AM	11:04 AM	11:24 AM
36)	M	Northwestern	9:58 AM	11:00 AM	11:04 AM	11:08 AM	11:28 AM
37)	S	Seymour	10:02 AM	11:04 AM	11:08 AM	11:12 AM	11:32 AM
38)	S	Coginchaug	10:06 AM	11:08 AM	11:12 AM	11:16 AM	11:36 AM
39)			10:10 AM	11:12 AM	11:16 AM	11:20 AM	11:40 AM

7:30 AM	Gym opens for participants
8:00 AM	Gym Opens for Spectators
8:30 AM	Practice Begins
8:55 AM	Announcements
9:00 AM	Competition Begins
11:30 AM	End of Competition
11:45 AM	Awards